

# Northamptonshire

## Primary Care Training Hub



Collaborate | Educate | Elevate

### Northamptonshire Primary Care Training Hub

New to General Practice Programme

Education sessions 2025/26

## Session 1

**Wednesday 23<sup>rd</sup> April 2025 - 09.30 to 13.30**

### Leadership

**09.30-12.55 (inclusive of coffee break)**

**Speaker:** Paul Dougal, McCrudden Training

**Content:**

- Discuss leadership and identify key skills and qualities that define a great leader
- Reflect on your responsibilities and consider what leadership means to you in your role, including leading people through change.
- Recognise different leadership styles and complete an exercise to establish your default style.
- Identify the situations where you will need to demonstrate leadership and develop your understanding of what will be required in these situations.
- Consider what we mean by “professional boundaries” and identify how this applies to you.
- Reflect on what conflict could look like in your role and agree strategies to deal with this.
- Consider incivility and have raised awareness of its impact, particularly the cumulative effect of micro-incivilities. Have strategies for dealing with transgressions immediately to ensure civil environments are always maintained.

**12.55-13.25**

Lunch provided

**13.25-13.30**

Feedback and close

## Session 2

**Wednesday 2nd July 2025 - 09.30 to 13.30**

### **Understanding the NHS and Personal Effectiveness & Wellbeing**

**09.30-09.45**

**Speaker:** Mike Smeeton, Chief Executive Officer 3Sixty Care Partnership & Northamptonshire Primary Care Training Hub (NPCTH)

**Content:**

- Overview of NHS structures (including Primary Care Networks)

**09.45-10.05**

**Speaker:** TBC

**Content:**

- What is the Northamptonshire Integrated Care Board (ICB) and what is its role?
- ICB strategy and priorities

**10.05-10.25**

**Speaker:** Dr Jonathan Cox, Chair Northants LMC

**Content:**

- What is the Local Medical Committee (LMC)?
- What support do they provide to practices and staff?

**10.25-10.40**

**Speaker:** Clare Rogers, GPN Professional Development lead, NPCTH

**Content:**

- What is the Northamptonshire Primary Care Training Hub?
- What support do they offer?

### 10.40-10.55

Coffee break and chance to network with local representatives.

### 10.55-12.55

**Speaker:** Darrell Woodman, Art of Brilliance Ltd. ([Bio](#))

#### **Content:**

- The Art of Being Brilliant is our original, world-famous workshop.
- Focussing on wellbeing, personal impact, being your best self and much more, it is about the 'whole you' and, as such, is applicable in and out of work.
- We think it is the best workshop in the world and if everyone could do it? Lives. Would. Be. Changed.
- The truth is remarkably simple. If you and your teams can rock up at work in 'best self' mode, there is more energy, creativity, positivity, and all those 'extra mile' behaviours become the norm.

### 12.55-13.25

Lunch provided

### 13.25-13.30

Feedback and close

## Session 3

**Wednesday 8<sup>th</sup> October 2025 - 09.30 to 13.30**

### **Record Keeping and the future in Primary Care**

**09.30-11.45 (inclusive of coffee break)**

**Speaker:** Samantha Thomas, Safety and Learning Lead, Midlands & East, NHS Resolution

**Content:**

- Duty of candour
- GDPR
- Professional guidance for registered health professionals.
- Complaints resolution
- Avoiding complaints/litigation
- Common mistakes
- Examples of where record keeping has changed the outcome.

**11.45-12.55**

**Speaker:** TBC

**Content:**

- The future of primary care – Artificial Intelligence (AI) and digital

**12.55-13.25**

Lunch provided

**13.25-13.30**

Feedback and close

## Session 4

**Wednesday 28<sup>th</sup> January 2026 - 09.30 to 13.30**

### **Quality Improvement (QI) and The Green NHS**

**09.30-12.00 (inclusive of coffee break)**

**Speaker:** Sid Beech, Associate Director, NHS Elect

**Content:**

- What is quality and quality improvement?
- QI and the wider change context
- How to improve – a focus on your own opportunities to improve
- PDSA simulation

**12.00-12.55**

**Speaker:** TBC

**Content:**

- The Green NHS

**12.55-13.25**

Lunch provided

**13.25-13.30**

Feedback and close