



Together  
Against  
Cancer

# Free support for cancer patients & their carers

Together Against Cancer (TAC) aims to educate, inspire and help people reconnect with their own natural capacity to heal. We achieve this at our Education and Wellness Centre in Leicester, as well as via our Healing Hub, a unique online platform for cancer patients, their carers and the wider community.

- ✓ Online Healing Hub
- ✓ Acupuncture
- ✓ Group meditation
- ✓ Relaxation workshops
- ✓ Nutrition workshops
- ✓ Wellbeing workshops
- ✓ Cooking classes
- ✓ Aromatherapy
- ✓ Oncology Massage
- ✓ Scar Tissue Therapy
- ✓ Tong Ren
- ✓ Reiki
- ✓ Reflexology
- ✓ Tai Chi Qigong
- ✓ Yoga
- ✓ Counselling



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